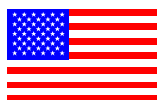




Check for the latest News from Region any time at
<http://itc-northeast.tripod.com>



Serving ITC members in northern New Jersey, New York, New Hampshire, Pennsylvania, Connecticut, Massachusetts, Michigan, Ohio, Maine, and the Canadian provinces of New Brunswick, Nova Scotia, Newfoundland & Ontario.



President's Message

Carol A. Preiss, Fellow of ITC

Members of Northeast Region:

Can you believe that we are in a new year, a new January and the last 7 months of our region term? I don't! As we settle into these warmer than usual winter months, please read this newsletter and all of the important information that flows from Region. Be sure as Club CLO and Club President that you keep all of your members informed and help encourage them to take action where needed.

SHARE THE INFORMATION!

If a few of your members cannot receive email (or attachments), print an extra copy for them and bring it to your next meeting or if you are not meeting for the winter (like New Directions), mail the material to them.

Here is a summary of the items you need to look for and take action on:

This issue of Northeast News – SHARE with everyone:

- 1 The end of January, Heart of America Newsletter "Pulse" will be sent via the Region CLO – lots of information.
- 2 Information from June Pietrantonio – Region Bylaws Chairman. See Page 2 for details.
- 3 Carolyn Champion – Region Speech Contest Chairman – needs information. If you haven't sent your contest chairman name to Carolyn, please do so immediately. Her e-mail is comforthands@yahoo.com.

- 4 Information from Denise Etcheverry – Region Nominating Chairman. Consider running for Region Office. Many offices are open. See Page 4 for details.
- 5 Make your plans to attend the Region Conference, 3 pages are printed in this newsletter – Hotel information, Conference at a Glance and Registration/meals form. Get your hotel room SOON, the rooms may be going fast.
- 6 ALL MEMBER MAILING with conference information will be going out by mid March.

Carol Preiss, Northeast Region President



TO DO LIST for CLUB PRESIDENTS

Read:

- Northeast News
- Heart of America Pulse
- All info from Region CLO

Reservations:

- Conference June 2-5, 2016
Embassy Suites,
Columbus, Ohio
Make plans to car pool
and share rooms.
- Registration/Meal packet form
Send to Joanne Weber
with check

Take Action

- Share information with all members
- Make room reservations
- Send in Registration form for Conference

Encourage

- Attendance at Region Conference
and car pooling
- Your member(s) to run for Region Office
- Enter the Region Speech Contest
- Submit bylaw changes

☆☆☆☆

Request for Northeast Region BYLAW REVISIONS

Send to June Pietrantonio
June.Pietrantonio@gmail.com

Deadline for submission of changes to the
NER Bylaws is MARCH 2, 2016.

Proposed changes to the Bylaws must be
sent to Clubs by April 1, 2016

AFRICAN PROVERB

If you want to go fast, go alone.
If you want to go far, go together.

Additions to North Bay

Therese St. Jules, Club PREM Chair
Karen Sherry, NER PREM Chair

POWERtalk International (North Bay) started
the year off with a positive bang!

Sandy Cully Cameron was a guest for a few
meetings at the end of last year and we knew that
it was her plan to join us this year. Sandy was
introduced to us by Candace Tunney. Sandy is
quite involved with her church and recently
became a leader of the Celebrate Recovery
Program. Earlier in life, she and her husband
had a few year of missionary work in South
America and we look forward to her sharing her
experiences with us. Sandy desires to grow her
public-speaking skills. She has already "wowed"
us with her Ice Breaker Speech and entered into
the Accreditation Program.

Anne Tremblay-Pedersen was a previous
member who moved to southern Ontario with
her husband to be close to her grown children
and to have an adventure. Anne was initiated
into the pottery culture before leaving North Bay
but was enveloped into the artsy climate of
London and Kitchener. Anne has returned
home! Anne has returned to us! Anne was our
most gifted evaluator and loved by all. It warms
the cockles of our heart to have her back!

Recently we welcomed another new member,
Zona Beeson, who begins her membership in
January. She was invited to come to a meeting
years ago by Enid Bastien and recently followed
up on an invitation by Karen Sherry. The lesson
here is "never stop inviting as somewhere along
the way, the time may be right". Karen met Zona
as a fellow-Board Member for L'Arche North
Bay, and they would meet occasionally at
bazaars and craft sales. Zona has been active in
church ministry and enjoys joining organizations
that interest her. We look forward to learning
more about her throughout this coming year.

**WELCOME
TO THE CLUB**

A Funny Thing Happened on the way to.....

Doreen Primeau

POWERtalk International (North Bay) Club

I had the opportunity to go to RCIA (Rite of Christian Initiation for Adults) in Columbus, Ohio in June this year. There were seventy-five people in attendance and most were from various States.

While there, the instructor asked for a volunteer to get up and tell a Biblical story. As I raised my hand, I was remembering when I had to do a testimony to promote the program "Arise". I was nervous to begin with and extra nervous as the Bishop decided to preside at Mass. When I finished and was leaving the sanctuary to go back to my seat, I heard a voice saying "I have given you a voice. Now use it!"

The instructor selected and I told the story from Daniel about the three men in the furnace. Of course, Gerry Lightfoot had just finished an education lesson on Story-Telling at club so I had the tricks of the trade under my belt. Well, I incorporated the "acting" into my Biblical story-telling. Following this story, I concluded by saying that before I joined POWERtalk I would never have been able to do this and how much POWERtalk gave me the confidence to get up in front of others, speak and even act it up.

As I was returning to my seat, the instructor gave me two thumbs up. About twenty-five out of the seventy-five people approached me: on the way to coffee, on the way back from coffee and in the bathroom. They wanted to know more about POWERtalk and how they could join. They asked if there was more information online about finding a Club for them. I indicated that indeed there was. These people were eager and interested. What an experience!



PREM Prompt

Karen Sherry, NER 1st VP, PREM Chair

In reading Doreen's article, you can see that there are so many opportunities "out there" just waiting to learn about us in POWERtalk and waiting to be invited. These people spoke more than once to Doreen in the course of her couple of days at this conference. Can imagine that as a result, if there were clubs available in the areas where these people lived our organization would have been twenty-five members to the good.

You may have argued that these people would probably not increase our NER numbers. I say back "Who Cares!" POWERtalk is a gift to be shared with everyone world-wide....our organization has a global perspective. We are here to learn ourselves, of course. I am here to learn as well but I am also here to invite others to learn so that we may have better communication around the world! I am here to help people discover and use their voices.



Use your voice for kindness,
your ears for compassion,
your hands for charity,
your mind for truth, and
your heart for love.

Nominating Committee Seeks Candidates

It is time to nominate officers to serve Northeast Region. The positions open for the 2016-2018 term are: President, President-Elect, Vice President, Secretary and Treasurer.

You have most likely served in these offices at club and council level. Why not step up to region? Being a region officer is not much different. Yes, the stage is larger. But the pace is less hectic and you have more time to get things done. We now serve a two-year term, so you have twice as much time to get the work done.

Technology has also made the work easier, and made geography less of an issue. Most of our meetings are via teleconference so it doesn't much matter where one lives.

Aren't you full of **great ideas** you want to share at a higher level? Wouldn't it be a **wonderful opportunity** for you to serve as a region officer? Why not discuss the possibility with one of these members of this term's Nominating Committee:

- June Pietrantoni
june.pietrantoni@gmail.com, 617-591-9944
- Judy Schuth
judy.schuth@gmail.com, 585-455-3661
- Denise Etcheverry, Chair
dmeitc@yahoo.com, 732-438-1201.

Put new meaning into your POWERtalk life; become a region officer!



Thoughts on Running for Office

from a Past Region President

Shelley Petley, DC

Being involved in elections as a candidate is a very enriching experience. It allows you to be more involved in your Club, Council, Region, or even the international level of ITC. By becoming one of the next leaders at any level, you put your voice out there and stand up for your own opinions. It shows leadership and initiative as you become one of the changing factors for the future of the organization. Be more involved at your next elections! It's a decision you won't regret.

Once in a Lifetime



Fun



Voice

Build Relationships

Leadership

Teamwork

Experience

Unity

Growth



POWERtalk International (North Bay) Founder's Day Celebration: Mini Writing Contest

Do you remember the mini writing contest days of old? It was an International contest where members had the opportunity to write a brief essay in which a list of words had to be used in its text. This was a contest in which I looked forward to participating.

We revived this contest for Founder's Day where all members were invited to participate in this exercise and our guests acted as judges.

Our 10 words were: POWERtalk, dynamic, program, enthusiastically, fellowship, organize, history, years, empowered and progressive. The words had to be used exactly as stated and could not be changed. The words could be used in any order the member wished. I initially put a word limit on the assignment but removed that criteria. Most of the entries were within 500 words.

Each member was obligated to read their work to the audience. Judges monitored the use of all 10 words and considered the style of the piece (fiction, non-fiction, poetry), interesting, holding attention, creative and well read.

It was the variety of entries that surprised me. One would think that using the same words would bring about commonality. It did not. We had a poem, an ad, fiction, non-fiction and a political portrayal of POWERtalk being an official party and the list goes onwards.

Winners were: 1st place - new member, Sandra Cully-Cameron, 2nd place- Therese St. Jules, and 3rd place - Enid Bastien.

The end result was that the Club realized the writing talents that exist in the Club and is looking at this assignment as being a prompter to the International Writing Contest.



Pearls
don't lie on the sea-
shore. If you want one, you
must dive for it.

- Chinese proverb

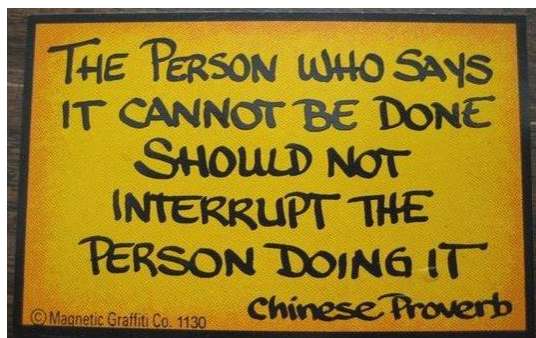
From your PREM Chair

Just a note to wish all an abundance in blessings this coming year. Do not forget that the PREM Tracking continues this year with the deadline for submission of points May 1st, 2016.

Awards for highest points:
NER Club member - \$100.00
NER Club - \$100.00

.Karen Sherry

awardpoints





<http://english-seminar.wikispaces.com/2012-13+writing+skills+1>

Tips for Budding Writers

Looking for writing tips?

Your NER Editor suggests you check these out!

Tips from The Masters

<https://www.writingclasses.com/toolbox/tips-masters>

20 Writing Tips from Bestselling Fiction Authors

<http://www.iuniverse.com/expertadvice/20writingtipsfrom12fictionauthors.aspx>

21 Harsh But Eye-Opening Writing Tips From Great Authors

<http://thoughtcatalog.com/cody-delistraty/2013/09/21-harsh-but-eye-opening-writing-tips-from-great-authors/>



WHAT:
POWERtalk
International
Writing Contest

WHERE:
Northeast Region

WHY:
to showcase
our members
and discover
hidden talent

WHEN:
Send your
submissions NOW!
Deadline:
March 1st, 2016

WHO:
Send all submissions
and eligibility
statements to:
Gerry Lightfoot
NER Writing Contest
Chairman
gerryvl@thot.net





WELCOME TO COLUMBUS, OHIO
JUNE 2-5, 2016
NER-HAR CONFERENCE

EMBASSY SUITES, 2700 CORPORATE EXCHANGE DR., COLUMBUS, OH 43231

Overnight Room Reservations: 1-614-890-8600 Book under: POWERtalk NER-HAR

ROOM COST 129 + 11% tax=\$143 per night. Blocked rooms expire 5-12-2016.

Mark your calendars now! This Co-Conference is a first. Let's make this 2016 Conference one to remember. The registration form is in this Newsletter. All we need is YOU!

Embassy Suites was totally remodeled in 2008. Here is what you can expect:

- Discounted overnight room with room for three persons. The suites contain two televisions, two separate sleeping rooms, a kitchenette, dryer, other pluses.
- Free breakfasts daily
- Free parking
- Free manager's happy hour daily w/free snacks and drinks
- Free airport shuttle

Columbus is a vibrant city with much to offer such as MAJOR ATTRACTIONS:

MEMORIAL GOLF TOURNAMENT in Dublin-Muirfield, Jun. 1-5, 2016

COLUMBUS CREW HOCKEY, MAPFRE STADIUM, N. HIGH ST

COLUMBUS ZOO, Jack Hanna, Director Emeritus .

SHORT NORTH, N. HIGH St; shops, art and music

With a major Gold Tournament in the Columbus area, although our hotel is not the primary one for this tournament, it will get overflow bookings. **We advise our members to book your rooms early for the weekend so you get into our conference hotel.**



Northeast/Heart of America 2016 Joint Region Conference-At-A-Glance
DRAFT 6 10/16/15

Conference Theme -

Thursday, June 2, 2016		
Afternoon		
04:00 pm - 05:30 pm	Registration/Credentials	(Lobby/Foyer)
	Dinner (on your own)	
07:00 pm - 09:00 pm	Committee/Board Meetings Set up flags by flag committee	Board room/Ballroom C Capital Room
Friday, June 3, 2016		
07:30 am – 08:30 am	Opening ceremonies rehearsal	Capital Room
07:30 am – 08:30 am	Registration/Credentials/Ways & Means	Lobby/Foyer
08:30 am – 9:30 am	Delegates Briefing	Capital Room
10:00 am – 11:30 am	Opening Ceremonies, Speaker, Carol Preiss Conference Business Meeting 1(ALL ATTEND) Conference Business Meeting 2 (Split)	Capital Room (Split) HAR - Ball Room C (Split) NER – Capital Room
11:30 am – 12:00 pm	Registration/Credentials	Lobby/foyer
12:00 pm – 01:30 pm	Luncheon Honoring Region Committees	Buffet/Capital Room
02:00pm – 03:30 pm	Workshop1 Leadership NER Aaron Brown Workshop 2 Theresia Colbert/Lauraette Starks	Room Capital Room Room Ballroom C
03:45 pm – 05:15 pm	Workshop 3 Social Media Marketing, Judy Schuth Workshop 4 Irene Johnson, F-ITC	Room Capital Room Room Ballroom C
05:15 pm - 6:00 pm	Registration/Credentials/Ways & Means	Lobby/foyer
07:00 pm	Dinner	Capital Room
Saturday, June 4, 2016		
07:30 am – 08:00 pm	Registration/Credentials/Ways & Means	Lobby/foyer
08:00 am – 09:30 am	Workshop 5 Training Power Pack by ITC Visitor	Capital Room
09:30 am – 10:00 am	2016-18 NER and HAR Elections	Capital Room
09:30 am – 10:00 am	Speech Contests Briefing	Ballroom C
10:05 am – 12:00 pm	Speech Contests - HAR & NER	Ballroom C
12:15 pm – 02:00 pm	Luncheon Awarding Speech Contest winners / / Honoring Conf. Committees/Demo-Youth Speakers	Capital Room
02:15 pm – 04:00 pm	Business Meeting 3	HAR Ballroom C NER Capital Room
04:05 pm – 05:30 pm	Region Management Training (Region officers only)	Ballroom C
04:00 pm – 04:30 pm	Ways & Means	Lobby/foyer
07:00 pm - 10:00 pm 10:00 pm – 11:00 pm	Banquet / Installation / Entertainment(violin)/Honor Past Region Pres. Officers' Reception - dessert	Capital Room Atrium
Sunday, June 5, 2016		
08:00 am - 08:30 am	Ways & Means	Lobby/foyer
08:30 am – 09:00 am	Memorial Service/ Mary Day,violin; Nellie Pallagi	Capital Room
09:05 am – 10:30 am	Club Management Training by Carol Preiss, Fellow	Capital Room
10:35 am – 12:00 pm	Final Business Session/News from International/Closing Ceremonies	Capital Room
	Post Conference Meeting – current board	Capital Room or Board Room
	Post Conference Meeting –incoming board	Capital Room or Board Room



2016 Northeast & Heart of America Regions Joint Conference June 2-5, 2016

REGISTRATION AND MEAL FORM

REGISTRATION PROCEDURES

(Please Read Carefully)

- One registration form is required per member or guest.
- **EARLY BIRD REGISTRATION MUST BE POSTMARKED NO LATER THAN MAY 11, 2016. (Registration \$55.00).**
- Pre-registrations must be postmarked no later than May 23, 2016 (Registration \$65.00).
- On-site registration is required after May 23, 2016, you may register starting Thursday, June 2, 2016, 4:00 p.m. Registration continued Fri. & Sat. 7:30 a.m. (Registration \$75.00).
- Your badge is required for admittance to any conf. event.
- All members and guests must be registered to attend any event, including general sessions, speech contest, entertainment, workshops, meal functions, etc.

DO NOT INCLUDE HOTEL DEPOSIT OR HOUSING RESERVATION –Make your own overnight room reservations: Embassy Suites, 2700 Corporate Exchange Dr., Columbus, OH 43231 1-614-890-8600 Suite 129 + 11% tax=143 per nite. Blocked rooms expire 5-12-2016

MEMBER OR GUEST INFORMATION

(Please Print or Type)

☐ Member ☐ Guest Region: NER____HAR____

Name _____

☐ EC ☐ PC ☐ SC ☐ AC ☐ DC ☐ FELLOW

Club _____

Address: _____

City _____

State _____ Zip _____

Daytime Phone _____

Fax Number _____

Email: _____

Special Dietary Needs (Specify) None

Handicapped (Specify Needs) N/A

EMERGENCY INFORMATION: / NEED A ROOMMATE:

Name _____ / CHECK HERE: _____

Phone _____

PLEASE SPECIFY ALL THAT APPLY

- ☐ Delegate – club name _____ NER____HAR____
- ☐ Council President ☐ Club President
- ☐ **POWERtalk** International Board Member/Official Visitor
- ☐ **POWERtalk** International Committee Member
- ☐ **POWERtalk** International Fellow
- ☐ Region Past President ☐ First Time Attendee
- ☐ Life Member ☐ Speech Contestant
- ☐ Council Officer ☐ Region Board Member
- ☐ Workshop Presenter
- ☐ Region Committee Chairman Which committee? _____
- ☐ Guest **POWERtalk** International Member

CONFERENCE REGISTRATION

EARLY BIRD REGISTRATION – MEMBER or GUEST

- ☐ May 11, 2016 **\$55.00**
- ☐ One Day Registration (Member) (Fri) 25.00
- ☐ One Day Registration (Member) (Sat) 25.00
- ☐ One Day Registration (Member) (Sun) 25.00
- ☐ One Day Registration (Non-Member) (Fri) 30.00
- ☐ One Day Registration (Non-Member) (Sat.) 30.00
- ☐ One Day Registration (Non-Member) (Sun) 30.00
- ☐ Pre-Registration (May 11- June 1) **65.00**
- ☐ On-Site Full Registration **75.00**
- ☐ Speech Contest Only N/C
- ☐ Opening Ceremonies (Friday Morning) N/C
- Total Registration Cost** _____

CONFERENCE MEAL PACKAGE

- ☐ Full Meal Package (includes all meals listed) **\$125.00**
- ☐ Friday Lunch 25.00
- ☐ Friday Dinner 30.00
- ☐ Saturday Lunch 25.00
- ☐ Saturday (lunch age 17 and under) 12.00
- ☐ Saturday Evening Banquet 45.00
- Total Meals Cost** _____

PAYMENT

Total Registration and Meals _____

Please make all checks or money orders payable to:

NER ITC Conference

Mail payments to: Joanne Weber

234 Rhea Crescent

Rochester, NY 14615

Phone: 585 621-1311

email: joanneweber@mycidco.com

If mailing an attachment, email to :

cpreiss@aol.com

No refunds will be made after May 23, 2016

- A returned check fee of \$25.00 will be charged for all checks not honored by the bank
- Registration after May 23, 2016 will be on-site – only cash, money order or certified checks will be accepted.**



Northeast Region, POWERtalk International

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Your Northeast Region Officers

President Carol Preiss	cpreiss@aol.com
President-Elect Jay Williams	jayaw2@aol.com
Vice President Karen Sherry	karensberry@sympatico.ca
Secretary Denise Etchevery	dmeitc@yahoo.com
Treasurer Judith Welsh	welshja@comcast.net
Parliamentarian Joanne Weber	joanneweber@mycidco.com
CLO Gerry Lightfoot	gerryvl@thot.net
Editor / Assistant Treasurer / Webmaster Shelley Petley	shelley.petley@gnb.ca

President's Theme: Make it Happen!

Do you have information or an article to publish? Send it to:

Shelley Petley, DC
Editor, Northeast News
14 Menzies Dr., Hanwell NB, Canada E3C 1M6
shelley.petley@gnb.ca

DEADLINES: Issue 3: Apr 1; Issue 4: Jun 30

Want to receive the Northeast News by snail-mail?

Send your name
and mailing address,
along with \$5 US,
to our Treasurer
Judith Welsh
6 Colbert Ave Apt 9
Maynard, MA
01754-1357



Web Links



Northeast Region

<http://itc-northeast.tripod.com>

Fredericton POWERtalkers

<http://itc-northeast.tripod.com/fredericton/>

New Directions

<http://itc-northeast.tripod.com/newdirections/>

POWERtalk (North Bay)

<http://itc-northeast.tripod.com/northbay/>

International website

<http://www.powertalkinternational.com/>