

Northeast News

VOLUME 16, ISSUE 1 October 2015



Check for the latest News from Region any time at http://itc-northeast.tripod.com



Serving ITC members in northern New Jersey, New York, New Hampshire. Pennsylvania, Connecticut, Massachusetts, Michigan, Ohio, Maine, and the Canadian provinces of New Brunswick, Nova Scotia, Newfoundland & Ontario.



President's Message

Carol A. Preiss, Fellow of ITC

Members of Northeast Region:

By now you have all held your first meeting of the 2015-2016 Term. We are having a good time in New Directions working in the Master Manual on the various types of speeches. We have a meeting with an Education on Inspirational speech, followed at the next meeting with 2 members delivering an inspirational speech and 2 members evaluating the speakers. Thus we are practicing giving a short education, speeches and evaluation.

Enjoy your meetings and see if you can learn something at each meeting.

This Issue of Northeast News has reminders from several committee chairmen. Please take notice and take action requested.

We also have the Registration form for the 2016 Joint Region Conference with Heart of America Region, in Columbus Ohio. Be sure to mark the dates – June 2-5, 2016 on your calendar. Be sure to take action – Plan to attend the Conference – Make your hotel reservations immediately – Decide on your mode of transportation – Print the Registration form and send it to Joanne Weber soon – Volunteer for a Conference Committee.

New Directions is doing an education on Humorous Speeches this coming Monday. In doing my research I found the following amusing list which I happily share with you. Remember to laugh a little every day, it's good for your health.

Thought for the Day - How to Stay Young

- 1. Throw out nonessential numbers. This includes age, weight and height. Let the doctors worry about them. That is why you pay 'them!'
- 2. Keep only cheerful friends. The grouches pull you down.
- 3. Keep learning. Learn more about the computer, crafts, gardening, whatever. Never let the brain idle.' An idle mind is the devil's workshop.' And the devil's name is Alzheimer's.
- 4. Enjoy the simple things.
- 5. Laugh often, long and loud. Laugh until you gasp for breath.
- 6. The tears happen. Endure, grieve, and move on. The only person, who is with us our entire life, is ourselves. Be ALIVE while you are alive.
- 7. Surround yourself with what you love, whether it's family, pets, keepsakes, music, plants, hobbies, whatever. Your home is your refuge.
- 8. Cherish your health: If it is good, preserve it. If it is unstable, improve it. If it is beyond what you can improve, get help.
- 9. Don't take guilt trips. Take a trip to the mall, even to the next county; to a foreign country but NOT to where the guilt is.
- 10. Tell the people you love that you love them, at every opportunity.

Carol Preiss, Northeast Region President

Accreditation News

Judy Schuth, SC NER Accreditation Chairman

2014-2015 Award Winners

The winners of the Northeast Region Club awards for the most members achieving a level in the Accreditation Program were:

1st Place: POWERtalk International

– North Bay \$50

2nd Place: Cumberland Club \$30

Congratulations to these hard working clubs and the members. It takes all of the members whether participating actively in the program, or just helping with evaluation and training needed to achieve this award. It's a team effort.

2015-2016 Awards Criteria

The award program remains the same for 2015-2016.

Club Awards:

The club with the most members advancing a level in the Accreditation Program will receive a monetary award.

1st Place \$50 2nd Place \$30 3rd Place \$20

There must be at least 2 members advancing in a club to win. The award will be based on Accreditations received between August 1st and May 31st of each year term.

Member Awards:

Accreditation Pins will be awarded to all members achieving Level 1, Effective Communicator.



International Recognition

This Chairman is happy to announce that Northeast Region was recognized at the Convention in Accreditation Committee Report for its active participation in the Accreditation Program. Thank you members, please give yourselves a "pat on the back" for continued work in this program.

Other News

The proposed amendment to make the club-level Accreditation Committee optional was adopted. I do not see this having any effect on participation in the program. It would be great if all clubs maintained an active committee, but I know that this is not always happening. If your club is not active in Accreditation and a visiting member wants to be accredited for their participation at your club, I believe the club will be able to provide the experienced evaluators needed to assist in accrediting the member. I also strongly recommend that mentors for new members work with the new member and help them use the program to meet their training goals.





YOU CAN BE A REGION WRITING CONTEST WINNER IN 2016

Geraldine V. Lightfoot, D.C., Fellow of ITC 2016 Northeast Region Writing Contest Chairman gerryvl@thot.net

During the International Convention in Rotorua, New Zealand in July, Northeast Region was well represented in the winner's circle of the International Writing Contest.

RUTH LEVITSKY was the winner of the Poetry Category for 2015.

SHELLEY PETLEY placed second in the non-fiction category for 2015.

KAREN SHERRY placed third in the fiction category for 2015.

GERALDINE LIGHTFOOT placed second in the fiction category for 2014.

Kudos to all of our winners.

Now is the time to think about the contest for 2016. The deadline for submissions is March 1, 2016. But, please don't wait until the last minute, as your paperwork has to be processed before going to the judges.

I know there are several potential winners in Northeast Region who don't think they are, and so they don't bother to submit their stories, poems or articles. If you are one of those, why not set a goal NOW to write a story, a non-fiction article or a poem? I know it can be done, so why not give it a try? Now is the time for all undiscovered authors in Northeast Region to start preparing for the 2016 Writing Contest. Too early to start? No way! It's the early bird that catches the worm.

I am sure there are members out there who have an idea for a story, an article or a poem. Think you can't write? Think again. You will never know if you don't try. Make a concerted effort TODAY to start putting your ideas for a story, an article and/or a poem into writing. You could be one of next year's winners.

If you need help in getting started, or need more information – please let me know. I am as close as your nearest computer and I will answer all requests for help in a timely manner.

Let's put Northeast Region members on the list of writing winners for 2016.



<<<< YOUR NAME HERE!! >>>>



Chairman Carolyn Champion. comforthands@yahoo.com

Name and email address of the Council Speech Contest Chairman and Club-at-Large Speech Contest Chairman are requested immediately. Please advise if your Council or Club is holding a contest and advise the date of your contest.

Speech contest rules are on the POWER*talk* website, and the new forms will be posted soon.



We congratulate our Northeast Region speaker Aaron Brown who took FIRST PLACE at the International Convention in Rotorua, New Zealand. Well done!

Request for Northeast Region BYLAW REVISIONS

Send to June Pietrantoni June.Pietrantoni@gmail.com

Deadline for submission of changes to the NER Bylaws is MARCH 2, 2016.

Proposed changes to the Bylaws must be sent to Clubs by April 1, 2016



Web Links



Northeast Region

http://itc-northeast.tripod.com

Fredericton POWER talkers

http://itc-northeast.tripod.com/fredericton/

New Directions

http://itc-northeast.tripod.com/newdirections/

POWER talk (North Bay)

http://itc-northeast.tripod.com/northbay/

International website

http://www.powertalkinternational.com/

Does your club have a website? Those listed above are the only ones linked to our NER site. If you don't see yours here, please send the URL to shelley.petley@gnb.ca so we can link up!



f What about Facebook?



These groups can currently be found on Facebook and are great PR tools. If you would like to have a club page, I can help!



Watch That Branding!!

My first name is Shelley... not Shelly or Shellie, and definitely not Shirley. And my last name is Petley... not Pettey or Pelley, Perley or Tetley.

Doesn't it bother you when people spell your name incorrectly? We all appreciate it when people make the effort to learn how to spell and pronounce our name properly.

So.... let's be equally mindful of the name of our organization and its parts.

We are members of....

POWERtalk International

NOT Powertalk or PowerTalk.

We belong to Northeast Region

NOT North East Region.

It is officially abbreviated as **NER**.

Our name is unique, and we should pay special attention to the fonts and spelling. You can find details and samples on the international website. Watch that branding!



"Authentic brands don't emerge from marketing cubicles or advertising agencies. They emanate from everything the company does..."

- Howard Schultz, Pour Your Heart Into It: How Starbucks Built a Company One Cup at a Time ☆☆☆☆



JUNE 2-5, 2016 NER-HAR CONFERENCE

EMBASSY SUITES, 2700 CORPORATE EXCHANGE DR., COLUMBUS, OH 43231

Overnight Room Reservations: 1-614-890-8600 Book under: POWERtalk NER-HAR

ROOM COST 129 + 11% tax=143 per nite. Blocked rooms expire 5-12-2016.

Mark your calendars now! This Co-Conference is a first. Let's make this 2016 Conference one to remember. The registration form is in this Newsletter. All we need is YOU!

Embassy Suites was totally remodeled in 2008. Here is what you can expect:

- Discounted overnight room with room for three persons. The suites contain two televisions, two separate sleeping rooms, a kitchenette, dryer, other pluses.
- Free breakfasts daily
- Free parking
- Free manager's happy hour daily w/free snacks and drinks
- Free airport shuttle

Columbus is a vibrant city with much to offer such as MAJOR ATTRACTIONS:

MEMORIAL GOLF TOURNAMENT in Dublin-Muirfield, Jun. 1-5, 2016

COLUMBUS CREW HOCKEY, MAPFRE STADIUM, N. HIGH ST

COLUMBUS ZOO, Jack Hanna, Director Emeritus.

SHORT NORTH, N. HIGH St; shops, art and music

With a major Gold Tournament in the Columbus area, although our hotel is not the primary one for this tournament, it will get overflow bookings. We advise our members to book your rooms early for the weekend so you get into our conference hotel.



Northeast/Heart of America 2016 Joint Region Conference-At-A-Glance DRAFT 5 9/26/15

Conference Theme -

Thursday, June 2, 2016						
Afternoon						
04:00 pm - 05:30 pm	Registration/Credentials	(Lobby/Foyer)				
	Dinner (on your own)					
07:00 pm - 09:00 pm	Committee/Board Meetings	Board room/Ballroom C				
	Set up flags by flag committee	Capital Room				
	Friday, June 3, 2016					
07:30 am – 08:30 am	Opening ceremonies rehearsal	Capital Room				
07:30 am – 08:30 am	Registration/Credentials/Ways & Means	Lobby/Foyer				
08:30 am - 9:30 am	Delegates Briefing	Capital Room				
10:00 am – 11:30 am	Opening Ceremonies, Speaker, Carol Preiss	Capital Room				
	Conference Business Meeting 1	HAR - Ball room C				
		NER – Capital Room				
11:30 am – 12:00 pm	Registration/Credentials	Lobby/foyer				
12:00 pm – 01:30 pm	Luncheon Honoring Region Committees	Buffet/Capital Room				
02:00pm - 03:30 pm	Workshop1 Leadership NER Aaron Brown	Room Capital Room				
	Workshop 2	Room Ballroom C				
03:45 pm – 05:15 pm	Workshop 3 Social Media Marketing, Judy Schuth	Room Capital Room				
	Workshop 4	Room Ballroom C				
05:15 pm - 6:00 pm	Registration/Credentials/Ways & Means	Lobby/foyer				
07:00 pm	Dinner	Capital Room				
	Saturday, June 4, 2016					
07:30 am – 08:00 pm	Registration/Credentials/Ways & Means	Lobby/foyer				
08:00 am – 09:30 am	Workshop 5 Training Power Pack by ITC Visitor	Capital Room				
09:30 am – 10:00 am	2016-18 NER and HAR Elections	Capital Room				
09:30 am – 10:00 am	Speech Contests Briefing	Ballroom C				
10:05 am – 12:00 pm	Speech Contests - HAR & NER	Ballroom C				
12:15 pm – 02:00 pm	Luncheon Awarding Speech Contest winners /	Capital Room				
	Zenith Youth Speakers / Honoring Conf. Committees					
02:15 pm – 04:00 pm	Business Meeting 2	Ballroom C HAR				
		Capital Room NER				
04:05 pm – 05:30 pm	Region Management Training (Region officers only)	Ballroom C				
04:00 pm – 04:30 pm	Ways & Means	Lobby/foyer				
07:00 pm - 10:00 pm	Banquet / Installation / Entertainment(violin)	Capital Room				
10:00 pm – 11:00 pm	Officers' Reception - dessert	Atrium				
	Sunday, June 5, 2016					
08:00 am - 08:30 am	Ways & Means	Lobby/foyer				
08:30 am – 09:00 am	Inspirational/Memorial Service/ violin	Capital Room				
09:05 am – 10:30 am	Club Management Training by Carol Preiss, Fellow	Capital Room				
10:35 am – 12:00 pm	Final Business Session/News from	Capital Room				
	International/Closing Ceremonies					
	Post Conference Meeting – current board	Capital Room or Board Room				
	Post Conference Meeting -incoming board	Capital Room or Board Room				



2016 Northeast & Heart of America Regions **Joint Conference** June 2-5, 2016

REGISTRATION AND MEAL FORM

REGISTGRATION PROCEDURES	PLEASE SPECIFY ALL THAT AP	PLY	
(Please Read Carefully)	□Delegate – club nameNER	_HAR	
•	□Council President □Club President		
One registration form is required per member or guest.	□POWER talk/International Board Member/Official \	/isitor	
EARLY BIRD REGISTRATION MUST BE POSTMARKED	□ POWER talk International Committee Member		
NO LATER THAN MAY 11, 2016. (Registration \$55.00).	□POWER talk International Fellow		
Pre-registrations must be postmarked no later than	☐ Region Past President ☐ First Time Attendee ☐ If the Member ☐ Speech Contestant		
May 23, 2016 (Registration \$65.00).	□Life Member □Speech Contestant □Council Officer □ Region Board Member		
	□Workshop Presenter		
On-site registration is required after May 23, 2016, you Thursday, lune 2, 2016, 4:00 p.m.	☐ Region Committee Chairman Which committee? _		
may register starting Thursday, June 2, 2016, 4:00 p.m. Registration continued Fri. & Sat. 7:30 a.m.	☐Guest POWER <i>talk</i> International Member		
(Registration \$75.00).	CONFEDENCE RECISTRATION		
• Your badge is required for admittance to any conf. event.	CONFERENCE REGISTRATION EARLY BIRD REGISTRATION – MEMBER or GUES	ÈT.	
		\$55. 00	
All members and guests must be registered to attend	□One Day Registration (Member) (Fri)	25.00	
any event, including general sessions, speech contest, entertainment, workshops, meal functions, etc.	□One Day Registration (Member) (11)	25.00	
entertainment, workshops, mear functions, etc.	□One Day Registration (Member) (Sun)	25.00	
DO NOT INCLUDE HOTEL DEPOSIT OR HOUSING	☐One Day Registration (Non-Member) (Fri)	30.00	
RESERVATION – Make your own overnight room	□One Day Registration (Non-Member) (Sat.) □One Day Registration (Non-Member) (Sun)	30.00 30.00	
reservations: Embassy Suites, 2700 Corporate Exchange	☐ Pre-Registration (May 11- June 1)	65.00	
Dr., Columbus, OH 43231 1-614-890-8600 Suite 129 + 11% tax=143 per nite. Blocked rooms expire	□On-Site Full Registration	75.00	
5-12-2016	□Speech Contest Only □Opening Ceremonies (Friday Morning)	N/C N/C	
	Total Registration Cost	IN/C	
MEMBER OR OUTST INFORMATION	_		
MEMBER OR GUEST INFORMATION	CONFERENCE MEAL PACKAGE	**** 00	
(Please Print or Type)	☐ Full Meal Package (includes all meals listed) ☐Friday Lunch	\$125.00 25.00	
☐ Member ☐ Guest Region: NERHAR	□Friday Dinner	30.00	
□ Member □ Guest Region. NERHAR	□Saturday Lunch	25.00	
Name	□Saturday (lunch age 17 and under) □Saturday Evening Banquet	12.00 45.00	
□EC □PC □SC □AC □ DC □ FELLOW	Total Meals Cost	45.00	
Club			
Address:	PAYMENT Total Registration and Marks		
City	Total Registration and Meals		
State Zip	Please make all checks or money orders payable to:		
Daytime Phone	NER ITC Conference Mail payments to: Joanne Weber		
Fax Number	234 Rhea Crescent		
Email:	Rochester, NY 14615		
Special Dietary Needs (Specify) None	Phone: 585 621-1311		
Cposiai Diotaly (Cposily)	email: <u>joanneweber@mycidco.co</u>	m	
Handicapped (Specify Needs) N/A	If mailing an attachment, email to:		
Handicapped (Specify Needs) N/A	cpreiss@aol.com		
EMERGENCY INFORMATION: / NEED A ROOMMATE:	No refunds will be made offer May 22, 2016		
Name / CHECK HERE:	No refunds will be made after May 23, 2016 • A returned check fee of \$25.00 will be charged for		
Phone	all checks not honored by the bank		
	Registration after May 23, 2016 will be on-site	e – onlv	
	cash, money order or certified checks will be		



Northeast News



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Northeast Region, POWER talk International

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President's Theme: Make it Happen!

Do you have information or an article to publish? Send it to:

Shelley Petley, DC
Editor, Northeast News
14 Menzies Dr,, Hanwell NB, Canada E3C 1M6
shelley.petley@gnb.ca

DEADLINES: Issue 2: Jan 1; Issue 3: Apr 1; Issue 4: Jun 30

Want to receive the Northeast News by snail-mail?

Send your name and mailing address, along with \$5 US, to our Treasurer Judith Welsh PO Box 676 Maynard, MA 01754-0676

DID YOU KNOW?

Northeast Region Bylaws require updated rosters to be sent out to members by October 15 each year.

If your current club roster is AWOL, please send it immediately to:

Denise Etcheverry, 36 Azalea Court, Monmouth Junction, NJ 08852, dmeitc@yahoo.com. Thanks!